



★ Karen Humphrey and MoonTree Community Studios Offer:



# Yoga

**\$56**

Karen Humphrey, YogaFit® Instructor, is offering 8 Yoga experiences at MoonTree Studios. These are geared toward the beginner but all are welcome. Space is limited and registration is required. Participants should wear comfortable clothing and must bring their own Yoga mat.

January 23, 2012—March 12, 2012

This experience is designed to create strength, flexibility, endurance and balance in a non-judgmental, non-competitive format. Yoga provides excellent exercise in a relaxed and stress relieving environment.



MoonTree Community Studios is a Ministry of the Poor Handmaids of Jesus Christ.

Mail your completed registration to:

MoonTree Community Studios  
9601 Union Road  
PO Box 1  
Donaldson, IN 46513

Or Contact MoonTree at:

Phone: 574-935-1712  
Web: [www.moontreecommunity.org](http://www.moontreecommunity.org)  
E-mail: [moontree@poorhandmaids.org](mailto:moontree@poorhandmaids.org)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Phone \_\_\_\_\_

Method of Payment  
 Cash  
 Check  
 Money Order

Signature \_\_\_\_\_

### MoonTree Experience Registration

Sign up for:	Time	Price
<input type="checkbox"/> Yoga	4:30 M	\$56.00
<input type="checkbox"/> _____		
<input type="checkbox"/> _____		
<input type="checkbox"/> _____		
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Subtotal: \_\_\_\_\_  
Tax: \_\_\_\_\_  
Total: \_\_\_\_\_